ENTIRE TRAVEL GROUP

VIEW PACKAGE







SRI LANKA

SPICES, TEA & TRADITIONS OF SRI LANKA (TOUR CODE: 11544)

STARTS AND ENDS	TRAVEL PERIODS	EXPERIENCE	TRAVEL STYLE
in Australia	until April 2027	Food & Wine Cultural	Private Escorted Tours

A sensory journey through Sri Lanka's rich culinary heritage, tea country and village life. From bustling markets to plantation landscapes, this itinerary connects food, culture and tradition at every stop.

Highlights

- **Market to Table Experiences** –Visit Negombo fish markets combined with interactive BBQ or cooking experiences
- **Village Dining Encounters** – Traditional village lunch experiences in the Cultural Triangle, offering insight into rural life
- **Sigiriya & Cultural Icons** – Climb Sigiriya Rock Fortress, a UNESCO site, blended into a culinary focused journey
- **Tea Country Indulgence** – Stay in Hatton with plantation landscapes linked to Sri Lanka's tea heritage
- **Southern Coastal Cuisine** – Time in Galle allowing guests to enjoy seafood and coastal influenced Sri Lankan dishes

Entire Bonus

This holiday package is carefully designed by our team to give you complete Peace of Mind, with access to trusted local partners and expert support at your destination.

One great way of exploring culture is through food! Sri Lanka used to be the centre of the spice trade during ancient times and known for an abundance of flavours combined into their traditional meals that would truly satiate ones taste buds. This 9-day private escorted package includes a visit to the bustling fish market of Negombo, then witness a variety of wildlife at Minneriya National Park by an exciting jeep safari.

Discover Kandy's authentic healthy cuisine by following the food trail. A visit to the Temple of the Tooth Relic is not to be missed plus the cultural performance in the evening. Learn some traditional cooking methods at Kirinda Walauwa. Discover how an authentic Biryani is made at the Galle cookery demonstration. On your last night, walk the streets of Colombo and have a taste of a local Arrack and some sweet treats.

INCLUSIONS

- Return Economy Class Flights with Sri Lankan Airlines ex Sydney/Melbourne
- 1 night in Negombo at Heritance Negombo in a Deluxe Room - ★★★★
- 2 nights in Dambulla at Amba Yaalu in a Deluxe Room - ★★★★★
- 2 nights in Passikudah at Maalu Maalu Resort and Spa in a Deluxe Room - ★★★★
- 2 nights in Kandy at Cinnamon Citadel in a Superior Room - ★★★★
- 2 nights in Hatton at The Argyle in a Bruce Room - ★★★★
- 3 nights in Galle at Radisson Blu in a Deluxe Sea View - ★★★★★
- 1 night in Colombo at La Maison De Colombo in a Classic Room - ★★★
- Private transfers with English-speaking Chauffeur guide
- Breakfast and Dinners at the hotel as per the itinerary
- Negombo Local Market Visit
- Explore the fishing Village and evening enjoy a BBQ Cooking session
- Sigiriya Rock Fortress tour
- Village Tour with Farmers Lunch and boat ride experience
- Kandy Temple of Tooth Relic Tour
- Enjoy Snorkelling and coral watching in Kayankarney (with Lunch)
- Kandy Food Trail Tour
- Sundown Seafood dinner in lamp lit mud hut in Galle
- Cookery Demonstration at Galle
- Cookery Demonstration at The Argyle
- Jaffna Themed Dinner in Colombo et Food Tour

ITINERARY

Day 1 Airport Negombo

Arrival in Sri Lanka / Meet & Greet at the airport where you will meet your private guide.

You will then proceed to Negombo in your private car (approximately 30 minutes travel time) and check in at the resort. Later in the afternoon Explore the fishing Village and evening enjoy a BBQ Cooking session (Approx 2 hrs) (Type of spices and cooking methods differ from one location to the other).

Spend the rest of the evening at leisure.

Overnight stay in Negombo at **Heritance Negombo** in a Deluxe Room.



NEGOMBO BEACH

Day 2 Negombo Sigiriya

Enjoy breakfast at the resort.

You'll head to **Sigiriya** (approximately 4 hours travel time). You'll then proceed to the beautiful **Sigiriya Rock Fortress**. It is consists of 1200 steps. The first part of the visit is a leisurely walk through the pleasure gardens. Then one starts to climb. There are two areas where one can take a break on the way up. The entire duration of the experience takes approximately 1.5 to 2.5 hours depending on the speed at which you want to climb. Check in at the resort and enjoy the afternoon at your own leisure.

Overnight stay in Dambulla at **Amba Yaalu** in a Deluxe Room.

Breakfast, Dinner



SIGIRIYA ROCK FORTRESS

Day 3 Sigiriya Hiriwadunna Sigiriya

Enjoy breakfast before a fascinating 3-hour **Sri Lankan village** experience in Hiriwadunna. The journey includes a boat

ride, tractor tour through paddy fields, and visits to plantations showcasing traditional farming. Along the way, savor refreshing stops for fruit slices and herbal drinks. End the tour with a cooking demonstration and a hearty meal served on lotus leaves.

Return to the resort for leisure in the evening.

Overnight stay in Dambulla at **Amba Yaalu** in a Deluxe Room.

Breakfast, Lunch, Dinner



SRI LANKAN LUNCH

Day 4 Sigiriya Passikudah

Start your day with breakfast at the resort. Following that, make your way to Passikudah, a charming coastal area about a 2-hour and 30-minute drive away.

Upon arrival, check in at the hotel and spend the evening on leisure .

Overnight stay in Passikudah at **Maalu Maalu Resort** in a Deluxe Room.

Breakfast, Dinner

Day 5 Passikudah

Start the day with breakfast at the hotel before embarking on a **Snorkelling and Coral Watching** adventure in **Kayankarney**, renowned for its clear waters and marine life. The experienced guides will lead you through vibrant coral reefs, where you'll encounter diverse marine creatures, from colourful fish to majestic sea turtles. After the snorkelling experience, enjoy a delectable traditional Sri Lankan lunch featuring fresh seafood with picturesque ocean views. Alongside snorkelling, the guides will showcase a coral watching tour, highlighting the diversity of coral species and their role in the marine ecosystem. This tranquil ocean escapade is suitable for all ages and experience levels, ensuring a safe and memorable experience.

Return to the hotel for leisure in the evening.

Overnight stay in Passikudah at **Maalu Maalu Resort** in a Deluxe Room.

Breakfast, Lunch, Dinner

Day 6 Passikudah Kandy

Enjoy breakfast at the resort.

Then travel for 4 hours heading to Kandy - a **UNESCO World Heritage site**. First, you'll **visit Sri Dalada Maligawa** or also known as the **Temple of the Sacred Tooth Relic**. It is located in the royal palace complex which houses the relic of the tooth of Buddha. The visit typically lasts 1 hour. First you walk towards the temple through the gardens. Your guide will buy you the entrance tickets. We recommend buying a lotus flower right at the entrance – 100 LKR per set. Your guide will walk you through the various chambers explaining the history and significance of the temple.

Check in at the resort in Kandy and spend the rest of the day at leisure.

Overnight stay in Kandy at **Cinnamon Citadel** in a Superopr Room.

*Surcharges apply during Kandy Esala Perahera (The Festival of the Tooth)

Breakfast, Dinner



TEMPLE OF THE SACRED TOOTH RELIC

Day 7 Kandy

Start your day with breakfast before embarking on **Kandy's Food Trail Tour**, exploring its diverse culinary heritage. Experience Sinhalese and Tamil cuisines at local eateries, indulge in vibrant street food flavors (availability dependent), and savor healthy soy-based treats. Conclude with a choice between a wholesome salad at a modern café or a refreshing pint at a colonial hotel.

Return to the hotel for leisure in the evening.

Overnight stay in Kandy at **Cinnamon Citadel** in a Superopr Room.

Breakfast, Dinner



Day 8 Kandy Hatton

Enjoy breakfast at the resort.

Today, you will travel for approximately 2.5 hours and head to Hatton. Check in and spend the rest of the day at your own leisure.

Overnight stay in Hatton at **The Argyle** in a Bruce Room.

Breakfast, Dinner

Day 9 Hatton

Start your day with breakfast at the hotel, followed by a **Cooking Demonstration** showcasing traditional Sri Lankan dishes like Chicken and Beef Black Curry, Dhal Curry, Coconut Sambol, and Pumpkin Curry. Learn about varied spices and cooking methods used in these dishes.

Afterward, relax and enjoy leisure time for the rest of the day at your hotel.

Overnight stay in Hatton at **The Argyle** in a Bruce Room.

Breakfast, Dinner

Day 10 Hatton Galle

Enjoy breakfast at the resort.

Then head to Galle. Check in at the resort and spend the day at leisure.

Overnight stay in Galle at **Radisson Blu** in a Deluxe Sea View.

Breakfast



Day 11 Galle

Begin your day with breakfast at the hotel before joining the **Food for Soul Tour**—a Cooking Demonstration in Galle. Explore the vibrant countryside, visit the local market, and learn from a knowledgeable Sri Lankan chef. Discover cooking techniques, make coconut milk, and try your hand at preparing local dishes. Enjoy the fruits of your labor and experience authentic dining.

Return to the resort and relax for the remainder of the day.

Overnight stay in Galle at **Radisson Blu** in a Deluxe Sea View.

Breakfast, Lunch



Day 12 Galle

After breakfast at the hotel, spend the day relaxing. In the evening, experience a **Sundown Seafood Dinner** in a lamp-lit mud hut, a short drive from Galle. Arriving by tuk-tuk, you'll be greeted with a cold towel and a welcome drink. Witness the

preparation of Sri Lankan delights, including versatile roti and iconic hoppers, while engaging with your hosts. Indulge in a feast of freshly barbecued seafood accompanied by rhythmic live music in the rustic ambiance of the mud hut. Enjoy a variety of hoppers with prawns, cuttlefish, and other seafood tailored to your taste.

Return to the resort and unwind for the late evening at your leisure.

Overnight stay in Galle at **Radisson Blu** in a Deluxe Sea View.

Breakfast, Dinner



Day 13 Galle Colombo

After breakfast at the resort, head to Colombo for a 2-hour journey. Check into a serene boutique hotel, once a traditional Jaffna family home. In the evening, experience a **Jaffna Themed Dinner** in the hotel's tranquil gardens.

Greeted with a local-style cocktail, immerse yourself in northern-inspired tales and flavors. Enjoy pulse-based starters, Mulligatawny broth, and an array of meat, fish, and vegetable curries, including the famous Jaffna Crab Curry. Conclude with modern renditions of traditional desserts.

Your host, a Colombo native passionate about cultural sharing, curates authentic experiences and contributes to mental health programs. Relax and unwind at the hotel after this unique culinary experience.

Overnight stay in Colombo at **La Maison De Colombo** in a Classic Room.

Breakfast, Dinner



COLOMBO STREET FOOD

Day 14 Colombo Airport

Enjoy breakfast at the resort.

You will then be transferred at the airport for departure.

Breakfast

ACCOMMODATION

Heritance Negombo

Negombo

Discover the allure of the island's West Coast at Negombo beach hotels, where you'll find stylish beachfront accommodations and indulgent spa treatments that rejuvenate and restore.



Amba Yaalu

Dambulla

Set within a serene mango plantation overlooking the Kandalama Reservoir, this thematic resort is inspired by the novel Amba Yaluwo and the golden era of Sri Lankan cinema. It is also Sri Lanka’s first hotel fully managed and staffed by women, offering a truly unique and meaningful stay.



Maalu Maalu Resort and Spa

Nestled on the island's east coast, Maalu Maalu Resort & Spa offers a unique experience among Pasikuda hotels. Built in the charming style of a Sri Lankan fishing village, or "wadiya," this resort invites you to unwind in soothing serenity by the lapping waves. Enjoy the picturesque ivory shores and clear, shallow waters that stretch endlessly along the coast. Immerse yourself in the fresh ocean air and the ancient heritage of the island’s fishing folk, all within a secluded paradise of sun-kissed, barefoot luxury.



Cinnamon Citadel

Kandy

Nestled against the Knuckles Mountain Range and the Mahaweli River, Cinnamon Citadel Kandy is a sanctuary surrounded by lush greenery and vibrant flowers. The resort's elevated position provides guests with sweeping panoramic views that showcase the unspoiled beauty of the natural surroundings. Whether indulging in yoga sessions, embarking on hikes, enjoying boat rides, or partaking in adventurous water-based activities,

nature enthusiasts will find a plethora of unique excursions in the nearby mountains and river. Adding to the allure, the revered Temple of the Tooth takes center stage, attracting visitors intrigued by the area's rich local history. Immerse yourself in a cultural tapestry, as the resort becomes a portal to Sri Lanka's vibrant traditions and arts.



The Argyle

The Argyle, a luxurious retreat nestled amid the lush tea plantations of Sri Lanka's hill country, provides a sanctuary for relaxation, rejuvenation, and complete peace of mind. Enveloped by the emerald green blankets of tea, this expansive property spans over 1.2 acres and graces a hilltop in the renowned city of Hatton, offering breathtaking views of the distant iconic Adam’s Peak.

As the pioneering property of its kind in the region, The Argyle boasts a unique advantage. It serves as an unparalleled escape from the demands of daily life. Surrounded by vast tea estates, it stands alone within a ten-minute radius, providing a luxurious holiday experience unmatched by any other hotels in the vicinity in terms of hospitality standards.



Radisson Blu

Galle

Experience the allure of a seaside retreat at Radisson Blu Resort, Galle. Immerse yourself in the refreshing outdoor pool, where the social hub seamlessly links the hotel to both outlets and the ocean. Unwind in contemporary and chic rooms, each featuring a private balcony or terrace. Whether you're a couple seeking a romantic getaway or a family in search of a memorable vacation, this resort is the ideal destination for a lifetime of cherished moments.



La Maison De Colombo

Colombo

Discover refined comfort at *La Maison de Colombo*, an intimate boutique hotel nestled away from the bustle of city life. With just seven elegantly designed suites, the hotel offers a serene escape, perfect for both leisure and business travellers. Each spacious suite features modern amenities and personalised service, ensuring a truly relaxing stay.



ADDITIONAL INFORMATION

OFFICIAL LANGUAGE	LOCAL CURRENCY
Sinhala and Tamil	Sri Lanka Rupee (Rs)

FROM price reflects the lowest available price within the advertised travel period (e.g. April to October). Pricing varies depending on travel dates, availability and demand, and may not be available on all departures. Higher pricing applies during peak and shoulder periods. Final pricing is confirmed at the time of enquiry or booking. Please refer to **Pricing & Price Conditions** for full details, including inclusions, exclusions and other conditions.