



ITALY

BEST OF LA SPEZIA & CINQUE TERRE (TOUR CODE: 11925)

STARTS AND ENDS

in La Spezia

TRAVEL PERIODS

01 Jun 2025 - 20 Dec 2025

EXPERIENCE

Walk & Hike

TRAVEL STYLE

Independent Holiday Packages

Go off-the-beaten path and soak in the awe-inspiring scenery of the Cinque Terre National Park with this 4-Day stay in La Spezia.

Highlights

- Stay centrally located in **La Spezia** with easy access to the railway station and the main attractions!
- Enjoy a **3-course welcome dinner** in La Spezia!
- Enjoy a **Cinque Terre Hiking tour** of your choice from among our Freedom of Choice options
- Take in the splendid views as you sail toward **Palmaria Island**

La Spezia is the perfect spot to start exploring the Cinque Terre Villages. Soak up the breathtaking scenery of the enchanting Cinque Terre and personalise your day by selecting one of the hiking tours offered.

Your journey continues with a boat ride to the stunning island of Palmaria, where you will have time to walk amidst nature, ancient mining activity and the famous "Portoro". In the afternoon, discover the little coastal town of Porto Venere and its unspoiled regional park.



- ✓ ENTIRE Cooling-Off Period
- ✓ ENTIRE Change of Mind
- ✓ ENTIRE On Ground Support
- ✓ ENTIRE AUD Prices
- ✓ ENTIRE Industry Accredited
- ✓ ENTIRE Australian Owned

INCLUSIONS

- 3 nights in La Spezia at NH La Spezia Hotel- 4* or Similar
- Daily Breakfast
- Welcome Dinner with 3-courses menu (drink not included)
- Full day: Regional Park of Portovenere and Palmaria Island (entrance fees not included)

Freedom of Choice Days

Freedom of Choice



Our Freedom of Choice program offers flexibility, by allowing you to choose from different options on pre-selected days.

Our per person price includes one tour on each Freedom of Choice day, as follows:

- One "Freedom of Choice" tour on day 2

Expand the itinerary below for more details.

Please note, if more than one room is selected during the booking process, our team will contact you afterwards to discuss options.

ITINERARY

Day **1**

La Spezia

Arrival in La Spezia making your own way to the hotel and check-in. Time at your leisure for a stroll and relaxing.

Welcome dinner (3 course dinner menu without drinks) in the Hotel or nearby local Restaurant within walking distance.

Overnight stay at **NH La Spezia**.

Dinner



Day **2**

La Spezia Cinque Terre La Spezia

After breakfast, today enjoy your pre-selected tour from our **Freedom of Choice** options below.

Overnight stay at **NH La Spezia**.

Breakfast

Freedom of Choice Options

- **Corniglia, Vernazza and Monterosso:**

Meeting with the Tour guide approx. 09:00 at the train station of La Spezia and departure by train to the Fiveland. First stop will be at Corniglia, to visit the village and walk begins on the stretch of path along the coastline, taking you to Vernazza, trail is about 1.5 hours of walking and this particular route is one of the most scenic stretches of the entire trail, passing through vineyards, olive trees, agave plants and prickly pears, the the land is hilly reaching up to 220 metres upon sea level.

Your expert Tour Guide will keep you entertained throughout the hike with lots of interesting tales of the plantations and wildlife which are all very characteristic to the territory. Upon arrival the pretty little town of Vernazza, enjoy a visit down into the centre of the village and relax during free time for lunch.

In the afternoon, the trail continues with the hike from Vernazza along to Monterosso. This part of the path is of medium difficulty and takes about two hours to complete. Arrival in Monterosso the largest town of the Cinqueterre and where the tour finishes. Take some time to explore the beautiful little resort with its view over the sea enjoy a refreshment, relax and return by train at your own pace to La Spezia.

JOURNEY TIME: 3 HOUR 30 MINUTES

DIFFICULTY: MEDIUM DIFFICULTY – PEOPLE USED TO HIKING TRAILS

LENGTH: 7,805 KM

DIFFERENCE IN ALTITUDE: 269 M

OR

- **Manarola, Volastra, Polciano, Mulinello and Case Pianca:**

Meeting with the Tour guide approx. 09:00 at the train station of La Spezia and departure by train to the Fiveland. First stop will be at Manarola. At the top of the town we take the Volastra trail which runs along the coast along an old mule track. Continue the hike cutting through the terraces of vineyards reaching the small countryside village of Porciano, where discovering the pretty woodside valley and plenty cultivated orchards in Mulinello. Enter into the small forest and

take the route downwards. Passing below the Casa Pianca, 460m, which joins pathway 7A crossing pretty gardens and vineyards taking you into the village of Corniglia, estimated time for to complete is about 2.5 hours.

This is the only one of the 5 villages found perched high on the cliff at 100m above the sea level, adding even more beauty to its charm. Enjoy free time to wander the little streets, take photos and enjoy refreshments in this beautiful little corner of the world. Transfer by train to back to La Spezia.

JOURNEY TIME: APPROX. 3 HOURS

DIFFICULTY: MEDIUM DIFFICULTY – PEOPLE USED TO HIKING TRAILS

LENGTH: 6.408 KM

DIFFERENCE IN ALTITUDE: 635 M

OR

• **Levanto, Punta Mesco and Monterosso:**

Meeting with the Tour guide approx. 09:00 at the train station of La Spezia and departure by train to the Fiveland. First stop will be at Levanto. After crossing the historical centre of Levanto take the pathway between the mountains and the sea (approx. a 3 hours walk). Pass the beautiful church dedicated to St. Andrew, then begin the climb up to Punta Mesco, to discover the ruins of the ancient monastery of St. Anthony at 321m high, enjoy the superb view and possibly one of the most picturesque along the entire coast of the 5 Terre.

Continue the trail by taking a steep descent down to the village of Monterosso. Enjoy free time to wander the little streets, take photos and enjoy refreshments before returning by train to La Spezia.

JOURNEY TIME: 3 HOURS 30 MINUTES

DIFFICULTY: MEDIUM DIFFICULTY – PEOPLE USED TO HIKING TRAILS

LENGTH: 5,769 KM

DIFFERENCE IN ALTITUDE: 301 M



Day **3**

La Spezia Palmaria & Porto Venere La Spezia

After breakfast, depart by boat from the dock of La Spezia to **Palmaria Island**.

Set off on a walking tour of the Island, amidst nature you can see the remains of a military artifact and the signs of the ancient mining activity and the famous marble "Portoro." The trail climbs up to the wide plateau on which stands a huge set of traffic lights at 200m. Reach the old fortress which is today an Environmental Education Centre. The route is circular and will start and end at the village of Terrizzo. The trail will take about 3 hours.

Return to the port and take the boat to the lovely little town of **Porto Venere**, well known for its ancient military centre, its church of St Peter in a prime position on a peninsular of the same name, the Doria Fortress and the Church of San Lorenzo.

At the end of the day return by ferry to La Spezia.

Overnight stay at **NH La Spezia**.

Breakfast



Day 4 La Spezia

After breakfast, check out and end of tour.

ADDITIONAL INFORMATION

OFFICIAL LANGUAGE

Italian

LOCAL CURRENCY

EURO

We work with a selection of hotels in each location. All bookings are subject to availability, which means our team will confirm your specific hotels upon confirmation and payment of deposit. The package price is based on 4-star accommodation.

Excluded

- International airfares and taxes
- Domestic airfares and taxes, unless otherwise specified in our holiday package
- Visa expenses, processing and issuance fees
- Meals other than as specified in our holiday package
- Travel Insurance or expenses of a personal nature (mini-bar, phone call, laundry, etc.),
- Tips or gratuities to guides, drivers, porters, hotel, restaurant or boat staff, etc.
- Or any other travel expense that has not been included in our holiday package